

Trainer Development Exam



After completing the Trainer Development Module, participants can attend a scheduled 1-day exam with no time limitation. It is recommended for those wishing to be active course conductors and required for the Level 4 certification. Unsuccessful candidates can re-test without time limitation.

❖ Exam Format – Trainer Development:

- The exam is a “peer teaching” situation, with candidates teaching 3-4 other candidates.
- Sessions are 45-55 minutes in duration, including lift time.
- The choice of terrain is at the discretion of the candidates. However, if time or terrain availability is a problem, the course conductor may help direct terrain choice.
- Sessions will be assigned by the Course Conductor at morning registration. Be prepared to teach any one of the following:
 - Entry level school group – beginner skiers, 13-15 year olds, leaving the learning area for the first time
 - Intermediate level school group – active 13-15 year olds, confident on green runs, just parallel on easy blue runs
 - Entry level adults – first time skiers starting to turn for the first time
 - Green run adults – solid snowplow skiers looking to gain confidence on green runs
 - Intermediate level adults – parallel skiers looking to ski faster on blue runs and gain control when they come across steeper pitches/slopes
- The session should train participants around the Decision Making Model (refer to performance criteria):
 - The Learning Contract (two-way communication, individual feedback)
 - Situation
 - Skiing Objectives
 - Motor Skill Development
- The session should illustrate good delivery of instructor training (refer to performance criteria):
 - Create a realistic lesson situation
 - Session based on improvement of trainees
 - Relate to skiing public
 - Balance information and action

Marking System:

The exam is marked by two course conductors, and marked out of 10. The successful candidate must have at least 6/10 from each course conductor.

Learning Outcomes	Performance Criteria
<p>Teach an instructor training session from beginner to intermediate, applying the CSIA Decision Making Process.</p>	<p><u>Instructor Training</u></p> <p>1. Delivery:</p> <ul style="list-style-type: none"> • Create a realistic lesson structure; • Session based on improvement of trainees; • Relate to skiing public; • Balance information and action. <p><u>Decision Making Process:</u></p> <p>Candidates are to train their peers how to teach snow school clients. Candidates will be evaluated in the delivery of the following:</p> <p>2. Learning Contract:</p> <ul style="list-style-type: none"> • Individual feedback • Two-way communication <p>3. Situation:</p> <ul style="list-style-type: none"> • Safe teaching practices; • Class control tactics; • Terrain choice for skill level of student; • Snow and weather conditions; • Lesson pace. <p>4. Skiing Objectives:</p> <ul style="list-style-type: none"> • Gliding Experience objectives; • Based on the student; • Based on the situation. <p>5. Motor Skill Development:</p> <ul style="list-style-type: none"> • Technical Reference to identify technical priorities; • Tasks for entry level to intermediate skiers; • Tasks for situation; • Cause and effect. <p>6. <u>Demonstrations</u></p> <ul style="list-style-type: none"> • For skill level of student; • Choose turn shape; • Choose terrain; • Use technical principles.