



Canadian Ski Instructors' Alliance

CANADIAN SKI INSTRUCTORS' ALLIANCE

***Level 2 Assessed Training Course
Course Guide***

2017-2018

Mission Statement:

“The Canadian Ski Instructors’ Alliance provides excellence in education for the profession of ski teaching, contributing to the growth and enjoyment of skiing.”

Certified as a designated Educational Institute by the
Canadian Department of Human Resources Development

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Canadian Ski Instructors' Alliance

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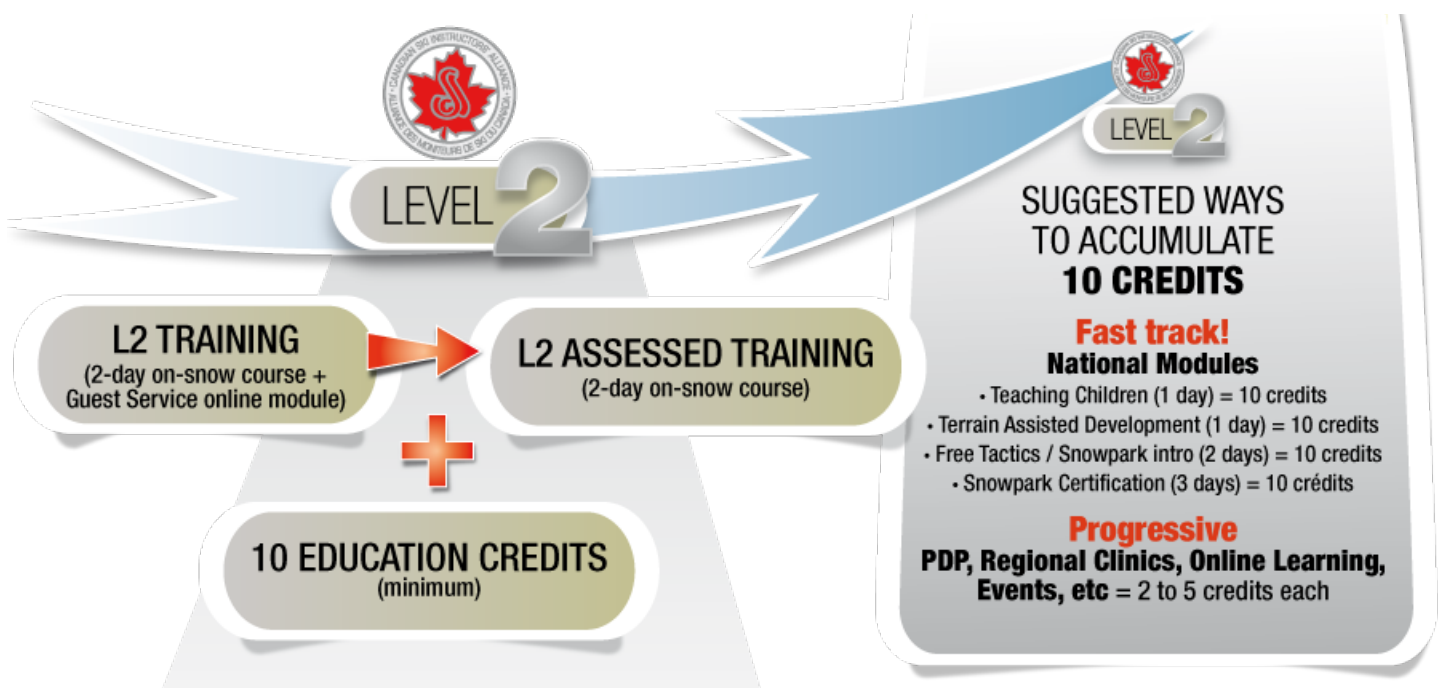
Level 2 Introduction



The Level 2 ski instructor certification is for any skier that has passed the Level 1 certification. The program improves situational teaching skills, understanding of the CSIA technique and methodology, and the role of ski teaching within the ski industry. It combines practical ski teaching methods, technical understanding and development, and improvement of guest service skills.

Candidates will receive coaching on their skiing, teaching and people skills with the goal of reaching the Level 2 standard. They will also receive suggestions and strategies for long-term development. The successful candidate is certified to teach skiers up to intermediate parallel skill level. Level 2 is a pre-requisite for the Level 3 certification.

Level 2 Certification Structure



- L2 Training course must be completed before the L2 Assessed Training course.
- Education credits can be accumulated at any time (before, in-between or after the Training and Assessed Training courses), but L2 membership status will not be updated until the minimum requirement is reached.
- **Guest Service online module is mandatory to officially obtain the certification.**
- Retests are held over the entire 2 days of the L2 Assessed Training program, both for members currently holding a partial L2 certification under the old structure and those in need of a full retest.
- The process of certification is not limited in time. Missing components can be collected at any point in time to complete the certification.

Level 2 Evaluation



During the L2 Assessed Training course, candidates are evaluated on their skiing and teaching skills, the evaluation is conducted on an on-going basis as candidates continue to be trained in this 2 day course. Evaluation relative to the L2 standard is based on the “IACRCv” model (see CSIA Manual, pgs. 5.1-5.3). Candidates must pass both skiing and teaching aspects to be certified Level 2.

MARKING SYSTEM

❖ Ski:

To meet the standard, candidates have to be at the “Consolidation” stage of development in accordance to the CSIA Level 2 Technical Performance Criteria (p. 5).

STAGE OF DEVELOPMENT	TECHNICAL ABILITY
ACQUISITION	<ul style="list-style-type: none">› The skier coordinates and executes the key components of the movement in the correct order;› Execution is inconsistent and lacks precision;› Conscious execution by skier;› Rough form, lacks synchronization, rhythm and flow.
CONSOLIDATION	<ul style="list-style-type: none">› Coordination of movements appears› Controlled and rhythmical execution of task under stable conditions› Some performance elements are maintained, but are inconsistent when skier is under pressure, conditions change or demands increase
REFINEMENT	<ul style="list-style-type: none">› Performance is consistent and precise in demanding conditions› Movements are automatic and done subconsciously› Only minor fine tuning may be necessary› Critical reflection and correction is possible by skier

❖ Teaching:

Meets expectations (ME) or Needs improvement (NI).

RE-TEST ON SKIING OR TEACHING

Candidates who fail skiing or teaching can be re-tested at any time by attending any L2 Assessed Training course. Candidates passing one portion will never have to be re-tested for that portion, but must still attend the 2 day course. The candidate must register in advance for re-evaluation through the National Office.

TEACHING EVALUATION

Learning Outcomes	Performance Criteria
<p>Use the CSIA Decision Making Process</p>	<p>Learning Contract:</p> <ol style="list-style-type: none"> 1. Identify students' experience; 2. Establish goals; 3. Use two-way communication; 4. Provide individual feedback <p>Situation:</p> <ol style="list-style-type: none"> 5. Integrate safe teaching practices; 6. Use basic class control tactics; 7. Use terrain for skill level of student; 8. Identify snow and weather conditions; 9. Use appropriate lesson pace. <p>Skiing Objective:</p> <ol style="list-style-type: none"> 10. Use skiing objectives based on student; 11. Choose skiing objectives based on situation; <p>Motor Skill Development:</p> <ol style="list-style-type: none"> 12. Use the Technical Reference to choose technical strategies; 13. Choose task for entry level to intermediate skiers; 14. Choose task for situation; 15. Relate cause and effect.

SKIING EVALUATION

Learning Outcomes	Performance Criteria - Consolidation
Effectively demonstrate CSIA technique from entry level to intermediate	General performance criteria for Intermediate parallel on groomed blue terrain: Objective: <ul style="list-style-type: none">16. Maintain intermediate speeds;17. Blend skills to achieve a medium sized steered, skidded arc;18. Maintain consistent turn shape relative to speed and terrain. Technique: <ul style="list-style-type: none">19. Use all joints to maintain balance;20. Lead the turning effort with the lower body;21. Manage separation for angulation to provide grip;22. Coordinate movement patterns for efficient turn linking.
	Demonstrations (maintaining technical performance criteria above): <ul style="list-style-type: none">23. Identify skill level of student;24. Choose turn shape;25. Choose terrain.

Course schedule



DAY 1

❖ Registration

- Review performance criteria and procedures

❖ On snow

- Warm-up and observation
- AM - Training with Assessment of Skiing Skills
 - Ski assessment scenarios
 - Rhythmical Intermediate turns
 - Controlling speed on steeper terrain
 - Demonstrations of entry level and beginner level tasks
 - Maintaining speed on intermediate terrain
 - Varied terrain/free run on advanced intermediate terrain
 - Observational tasks involving candidates
- PM - Training with Assessment of Teaching Skills
 - Practice Teaching scenarios and tasks
 - Based on observations from morning session, determined by course conductor
 - Use of questioning to evaluate understanding

❖ Indoor

- One-on-one sessions – performance evaluation

DAY 2

❖ On snow

- AM - Training with Assessment of Teaching Skills
 - Practice Teaching scenarios and tasks
 - Based on observations from day 1 session, determined by course conductor
 - Use of questioning to evaluate understanding
- PM - Training with Assessment of Skiing Skills
 - Ski assessment scenarios
 - Rhythmical Intermediate turns
 - Controlling speed on steeper terrain
 - Demonstrations of entry level and beginner level tasks
 - Maintaining speed on intermediate terrain
 - Varied terrain/free run on advanced intermediate terrain
 - Observational tasks involving candidates

❖ Indoor

- Results presentation

L2 Assessed Training course outline



By the end of the course, you will have been exposed to the following:

- ❖ On snow – Day 1 AM & Day 2 PM- Training with assessment and evaluation of technical proficiency

Performance Criteria – Technical Proficiency
12. Use the Technical Reference to choose technical strategies
13. Choose task for entry level to intermediate skiers
14. Choose task for the situation
15. Relate cause and effect
16. Maintain intermediate speeds
17. Blend skills to achieve a medium size steered, skidded arc
18. Maintain consistent turn shape relative to speed and terrain
19. Use all joints to maintain balance
20. Lead the turning effort with the lower body
21. Manage separation for angulation to provide grip
22. Coordinate movement patterns for efficient turn linking
23. Identify skill level of student
24. Choose turn shape
25. Choose terrain

Learning Objectives	Performance Criteria														
	12	13	14	15	16	17	18	19	20	21	22	23	24	25	
Technical Proficiency	X								X	X					
Technical skills training – Technical Reference									X	X	X				
Technical Skills Training – Varied terrain					X	X	X								
Technical Skills Training - Demonstrations												X	X	X	
Assessment skills training – Observation skills	X														
Assessment skills training – Technical understanding		X	X												
Assessment skills training – Cause and effect relationship				X											

❖ On snow – Day 1 PM & Day 2 AM- Training with assessment and evaluation of teaching skills

Practice teaching (entry level to intermediate) with peers in small groups of 2-3.

Performance Criteria – Teaching Skills
1. Identify students' experience
2. Establish goals
3. Use two-way communication
4. Provide individual feedback
5. Integrate safe teaching practices
6. Use basic class control tactics
7. Use terrain for skill level of student
8. Identify snow and weather conditions
9. Use appropriate lesson pace
10. Use skiing objectives based on student
11. Choose skiing objectives based on the situation
12. Use the Technical Reference to choose technical strategies
13. Choose task for entry level to intermediate skiers
14. Choose task for the situation
15. Relate cause and effect

Learning Objectives	Performance Criteria
Teaching Skills	1-15
Teaching skills training	X

❖ Indoor one-on-one sessions – Day 2 PM – performance evaluation



DAY 1 – L2 Assessed Training

Demonstrations...

Free skiing...

Technical skills and understanding ...

Teaching Skills...



CSIA LEVEL 2 EVALUATION FORM

Name: _____
Candidate #: _____
Location: _____
Date: _____

OVERALL RESULT	NI / ME
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TEACHING OUTCOMES	NI / ME
--------------------------	----------------

Decision Making Process	Requires 11/15	NI	ME
Learning contract			
Identify student's experience			
Establish goals			
Use two-way communication			
Provide individual feedback			
Situation			
Integrate safe teaching practices	<i>*mandatory</i>		
Use basic class control tactics			
Use terrain for skill level of student			
Identify snow and weather conditions			
Use appropriate lesson pace			
Skiing objectives			
Use skiing objectives based on student			
Choose skiing objectives based on situation			
Motor skill development			
Use the Technical Reference to choose technical strategies			
Choose task for entry level to intermediate skiers			
Choose task for situation			
Relate cause and effect			

Development Strategies

SKIING OUTCOMES	NI / ME
------------------------	----------------

Technical Proficiency			
<i>at intermediate parallel on groomed blue terrain</i>			
Objective			
Maintain intermediate speeds	I	A [C]	R
Blend skills to achieve a medium sized steered, skidded arc	I	A [C]	R
Maintain consistent turn shape relative to speed and terrain	I	A [C]	R
Technique			
Use all joints to maintain balance	I	A [C]	R
Lead the turning effort with the lower body	I	A [C]	R
Manage separation for angulation to provide grip	I	A [C]	R
Coordinate movement patterns for efficient turn linking	I	A [C]	R

Development Strategies

Demonstrations	Requires 2/3	NI	ME
<i>For entry level to intermediate skiers</i>			
Identify skill level of student			
Choose turn shape			
Choose terrain			

Development Strategies

Course Conductor: _____

Legend I-A-C-R : Must achieve bracketed score- See course guide for definition * NI = Needs Improvement, ME = Meets Expectations L2A FR M-BVG-17